



# ORBS by Design



Multiple Workshops

- A meeting of technical workshops
- 15 different workshops, repeated over 2 days
- You will be able to attend a total of 10 workshops of your choice. In addition, you can attend 5 industry led workshops
- Each workshop covers technical aspects of a common everyday clinical subject
- Designed to be practical and of immediate application to your practice
- Our select faculty has a wealth of practical experience
- Each day will conclude with a series of case discussions and multidisciplinary panel commentaries

Further details and registration at:

**[www.orbsmeetings.com](http://www.orbsmeetings.com)**

	21 <sup>st</sup> September			22 <sup>nd</sup> September		
8.00	<b>Registration</b>			<b>Gadget Show – Raise Healthcare / Dune Medical / MIS - Kubtec</b>		
8.30	<b>Introduction</b>			<b>Everything Genetic Workshop – Everything genetic for surgeons (Rosenthal)</b>		
9.00	<b>Success in Breast Reduction</b> Kauhanen / de Vita	<b>Success in Pre-pectoral Implant Reconstruction</b> Murphy / Harvey	<b>Flap Design / Physiology</b> Dancey / Haywood	<b>Fat Transfer</b> Sarfati / Weiller-Mithoff	<b>Success in Pre-pectoral Implant Reconstruction</b> de Vita / Macmillan / Berna	<b>Success in DIEP Flaps</b> Dancey / Haywood
10.00	<b>Chest Wall Perforator Flaps</b> Macmillan	<b>Success in Nipple-sparing Mastectomy</b> Harvey / Sarfati / Asgeirsson	<b>Success in DIEP Flaps</b> Haywood / McCulley	<b>Success in Gynaecomastia Surgery</b> Ragoowansi / Weiller-Mithoff / Dancy	<b>Success in Nipple-sparing Mastectomy</b> Murphy / Macmillan / Dietz	<b>Success in Breast Reduction</b> Berna / McCulley
11.00	<b>Coffee</b>			<b>Coffee</b>		
11.15	<b>Endomag Workshop – Localisation of impalpable lesions (Dietz)</b>			<b>Medtronic Workshop – How to avoid complications in implant-based reconstruction (Sarfati and Macmillan)</b>		
12.00	<b>Fat Transfer</b> Kauhanen / Weiller-Mithoff	<b>Therapeutic Mammoplasty</b> McCulley	<b>Revision and Salvage of Implant Reconstruction</b> de Vita / Harvey / Berna	<b>Non-abdominal Free Flaps</b> Haywood / Rasheed	<b>Success in Reconstruction and RT</b> Murphy / McCulley	<b>Revision and Salvage of Implant Reconstruction</b> Macmillan / Sarfati
1.00	<b>Lunch</b>			<b>Lunch</b>		
1.40	<b>Gadget Show – Everything Genetic / HC21</b>			<b>Gadget Show – Medtronic / Endomag</b>		
2.00	<b>Non-abdominal Free Flaps</b> Haywood / McCulley	<b>Success in LD Flaps</b> Weiller-Mithoff / Sarfati	<b>Success in Symmetrising Surgery</b> Dancey / de Vita	<b>Lymphoedema Surgery</b> Dancey / Tamimy	<b>Chest Wall Perforator Flaps</b> McCulley	<b>Success in Symmetrising Surgery</b> Sarfati / Weiller-Mithoff
3.00	<b>Success in Reconstruction and RT</b> Macmillan / Sarfati	<b>Success in Gynaecomastia Surgery</b> Berna / de Vita / McCulley	<b>Lymphoedema Surgery</b> Dancey / Kauhanen	<b>Success in LD Flaps</b> Asgeirsson / Weiller-Mithoff	<b>Therapeutic Mammoplasty</b> Macmillan	<b>Flap Design / Physiology</b> Haywood / McCulley
4.00	<b>Tea</b>			<b>Tea</b>		
4.30	<b>Raise Healthcare Workshop – Braxton pre-pectoral - Skin reducing and expander techniques (Khalil and Deol)</b>			<b>HC21 Workshop – Lipo Transfer – Combination strategies to enhance breast and body contouring (Ragoowansi)</b>		
5.00	<b>Case Discussions</b>  All faculty			<b>Case Discussions</b>  All faculty		
6.30	<b>Close</b>			<b>Close</b>		

# Welcome to ORBS by design...

## **Success in Breast Reduction –**

Different techniques and mark-ups  
Pedicle selection and dissection  
How to perform predictable surgery  
Avoid common complications and pitfalls

## **Fat Transfer –**

Fat harvest and injection techniques  
How to ensure graft volume and survival  
Options of devices and fat storage  
BCS revision using fat transfer  
Management of fat necrosis

## **Success in Nipple-sparing Mastectomy –**

Differing Techniques for different reconstructions  
How to ensure a 'complete' mastectomy  
Hydrodissection  
Tools to help

## **Chest Wall Perforator Flaps –**

Planning, indications, mark-up  
Flap choices, dissection and delivery  
Getting started  
The spectrum of applications

## **Success in LD Flaps –**

How to use this flap to its maximal potential

## **Success in Symmetrising Surgery –**

Selection, mark-up, and techniques  
Different solutions for different scenarios  
Implant, reduction, mastopexy or all 3

## **Success in DIEP flaps –**

Perforator mapping and interpreting scans  
Perforator selection  
Recipient vessels, dissection methods, flap raising  
Shaping  
Avoiding fat necrosis  
Salvage techniques

## **Therapeutic Mammoplasty –**

Selection, planning, marking and dissection  
Common techniques  
How to avoid complications

## **Success in Pre-pectoral Implant Reconstruction –**

When to put under and when over the muscle  
Pre-pectoral pocket creation  
Which mesh / ADM / or none at all  
Implant selection  
Avoiding and managing implant visibility

## **Success in Gynaecomastia Surgery –**

Incisions and technique selection  
Approaches for success

## **Non-abdominal Free Flaps –**

TUG, PAP, IGAP/SGAP flaps  
Tips and tricks on achieving success  
Managing the donor site

## **Flap Design / Physiology –**

Do you really understand what transposition of a flap means or what a Z-plasty really does?  
How to ensure flap viability  
Flap design / donor site cosmesis  
What is delay of a flap?  
The physiology of flap transfer?

## **Lymphoedema Surgery –**

Patient selection, investigations  
Liposuction  
Physiological techniques  
Requirements of a service and setting one up

## **Revision and Salvage of Implant Reconstruction –**

Rescuing an implant when complications happen  
Conversion of sub-pec to pre-pec  
Improving the poor outcome

## **Success in Reconstruction and RT –**

The different pathways for reconstruction in locally advanced disease  
Managing the irradiated implant reconstruction  
Pre-operative radiotherapy  
Strategies to cope with radiotherapy and autologous reconstruction

## **Case Discussions –**

A series of illustrated cases presented and discussed by our panel of experts and you